

11th ESPEN SYMPOSIUM

Sintra, Portugal

December 1 - 2, 2024

ESPEN



THE EUROPEAN
SOCIETY
FOR CLINICAL
NUTRITION
AND
METABOLISM



*Preliminary
Program*

**Home Nutritional Care:
from general practice
to parenteral nutrition**

OFFICIAL PARTNER



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Tim Vanuytsel, Belgium

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Kremlin Wickramasinghe, Denmark

Yannick Wouters, Netherlands

**Faculty subject to change*

LLL COURSE

Chronic intestinal failure and home-parenteral nutrition (HPN) in adults

SUNDAY, DECEMBER 1

Morning (08:00-12:00)

- **Indications and Epidemiology**
A. Van Gossum
- **Planning, Training and Monitoring**
T. Vanuytsel
- **Venous Catheter Care and Complications**
Y. Wouters
- **Metabolic Complications and Indications for Intestinal Transplantation**
L. Pironi
- *Coffee break and exhibition*
- **Case discussion**
- **Final test**

SYMPOSIUM

Home Nutritional Care: from general practice to parenteral nutrition

SUNDAY, DECEMBER 1

Afternoon (13:30-18:50)

13:30-13:40 Opening and salutation

S. Klek, A. Marinho

13:40-15:20 | Session 1

PREVENTION OF NCD IN PRIMARY CARE

Moderators: R. Barazzoni, K. Wickramasinghe

- Prevention of NCD's in Primary Care
WHO brief intervention project
EU Parliament Report 2023
K. Wickramasinghe
- Obesity programs for family practitioners
H. Schlägl
- Health and Cost saving
Speaker TBD
- Nutrition in primary care: what do we need to implement?
S. Vinker

15:20-15:25 Stand-up break

15:25-17:05 | Session 2

DISEASE-RELATED MALNUTRITION IN THE COMMUNITY

Moderators: A. Marinho, M. Pirlich

- nDay primary care - Prevalence of malnutrition and beyond
P. Lopes
- Screening and diagnosis of malnutrition in primary care - Tools and strategies
Z. Krznarić

- Primary care dietitian – An emerging need
A. van Ginkel
- Health and Cost saving
P. Schuetz

17:05-17:20 Coffee break and exhibition

17:20-18:50 | Session 3

CHALLENGES FOR CONTINUITY OF CARE / TRANSITION FROM HOSPITAL TO AMBULATORY CARE

Moderators: S. Klek, L. Pironi

- Home enteral nutrition, guideline implementation
S. Bischoff
- Home parenteral nutrition, guideline implementation
T. Vanuytsel
- Remote/virtual assistance
C. Cuerda

MONDAY, DECEMBER 2

Morning (08:00-13:10)

08:00-09:30 | Session 4 FOCUS ON PATIENT WITH CHRONIC INTESTINAL FAILURE

Moderators: A. Van Gossum, T. Vanuytsel

- **Relevance of ESPEN guidelines and database for CIF and outpatient care**
L. Pironi
- **Quality Standards for CIF centers**
C. Cuerda
- **Which research is needed for better nutrition care in CIF - The patient's perspective**
M. Lichota

09:30-09:35 Stand-up break

09:35-11:15 | Session 5 FOCUS ON THE VULNERABLE PATIENT

Moderators: T. Cederholm, M. Pirlich

- **ESPEN guideline Nutrition in polymorbid patient - What is relevant for outpatient care?**
F. Gomes
- **Chronic kidney disease: nutritional management between primary and specialized care**
G.B. Piccoli
- **Cancer: Patient centered nutrition care in cancer outpatients**
A. Laviano
- **Cancer cachexia: the patient's perspective**
Speaker TBD

11:15-11:30 Coffee break and exhibition

11:30-13:10 | Session 6 OLDER ADULTS

Moderators: C. Cuerda, Z. Krznarić

- **New global consensus for sarcopenia diagnosis: GLIS criteria - Fit for the community setting?**
T. Cederholm
- **Treatment strategies for malnutrition in the elderly**
S. Schneider
- **Obesity in community-dwelling older adults: conservative or aggressive approach?**
R. Barazzoni
- **Optimal nutrition in neurological diseases**
R. Burgos

GENERAL INFORMATION

CONFERENCE VENUE

Olga Cadaval Cultural Center

Dr. Francisco Sá Carneiro Square, 2710-720 Sintra (Portugal)

<https://ccolgacadaval.pt/>

Olga Cadaval Cultural Center is located in the heart of Sintra.

HOW TO REACH SINTRA

By car

You can reach Sintra using the IC 19 (from Lisbon), the IC 30 (from Mafra), the EN 9 (by A5/Cascais) or even through the A16.

Parking: Sintra has six car parks at your disposal. More information: https://parking.sintra.pt/index_en.html

The town of Sintra has reserved areas with paid parking on public roads. These areas are properly marked. To validate parking, you must purchase the corresponding parking meter ticket.

You can also use the car park of Portela de Sintra (24 Hours). This park is connected by bus and train. The maximum value/day is € 1.50 (VAT Included).

By train

From Lisbon to Sintra, trains depart regularly from Rossio train station (in the historical city center) or Oriente train station.

The trip lasts 40/45 minutes.

By plane

From Lisbon-Portela Airport, you can take the metro (red line) to Oriente train station, then the Oriente-Sintra train.

REGISTRATION

Online registration at www.espen.org

REGISTRATION FEES

Symposium

ESPEN member*: € 150,00

Non-member: € 200,00

LLL Course

ESPEN member*: € 50,00

Non-member: € 60,00

** 2024 regular membership is required.*

The fees include: admittance to the Scientific Sessions; conference kit, certificate of attendance, catering services.

Cancellation policy

All cancellation requests must be submitted in writing (via email, fax) to the Organizing Secretariat no later than October 31st, 2024. Verbal cancellation requests will not be considered.

For cancellation requests made by October 31st, 2024, 70% of the paid or promised amount will be refunded. No refunds will be issued after this date.

Name changes will be accepted until November 22nd, 2024.

LANGUAGE

English is the official language of the event.

ORGANIZING SECRETARIAT
N O E M A

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